

# Whānau Panui

## COVID-19/Coronavirus

### 31 August 2021

#### Kia ora e te whānau

The Prime Minister announced **yesterday** that Auckland will stay in Alert Level 4 for two weeks. Northland will remain in Alert Level 4 Lockdown until 11.59pm Thursday 2 September and will then move to Alert Level 3. The rest of Aotearoa/NZ, south of Auckland will move to Alert Level 3, 11.59pm **Tuesday 31 August**. There are now **562** community cases of the Delta variant Covid-19 virus. Places of interest have been updated [click here](#) to find the list. Alert Level 3 does not mean freedom. [Click here](#) for the Government's Alert Level 3 Guidelines.

#### What does Alert Level 3 mean for Te Roopu Taurima?

1. All our **offices nationally will remain closed** and office based staff are working remotely.
2. **Visitors** who want to visit a whare will need to make an appointment and get approval from a Service Manager to visit a whare, this includes whānau and contractors.
3. Our **respite service** will remain closed.
4. At **Alert Level 3**, we legally must stay within our household bubble whenever we are not at mahi/work or kura/school. You can expand this to connect with whānau, bring in caregivers or support isolated people.
5. You still need to keep a track of where you have been, as do tāngata, scan QR codes.

#### Helpful Information

6. Free Drive through vaccinations are available in Auckland [click here](#). You need to enter the **code B9OJSSPZEB** in the access code field when booking.
7. Links to resources for keeping mentally well [Small Steps](#), [Whakatau Mai – The Wellbeing Sessions](#), [Staying on Track](#), the [MELON app](#) and [Mentemia](#). People are encouraged to call 1737 if they need to talk to someone about their mental wellbeing.
8. Learn Māori for words associated with Covid-19 <https://www.tetaurawhiri.govt.nz/en/te-reo-maori/press-releases/maori-terminology-for-covid-19/>
9. Call the **Covid Healthline 0800 358 5453** if you or a tangata have a cold, a fever, a cough or loss of smell
10. Keep updated with government messages in lots of different languages at [www.covid19@govt.nz](http://www.covid19@govt.nz)
11. Free call or text **1737** if you want to talk to a counsellor about help around staying safe from domestic violence in Lockdown or Alert Level 3.

#### Please

- Socially distance in public keep 2 metres away from others in the Community and **wear a mask** in the community.
- If you have any questions you can contact **Manawahakahaere/CEO, Tania Thomas – 0272912084 or [tania.thomas@terooputaurima.org.nz](mailto:tania.thomas@terooputaurima.org.nz)**

Whakangungua tō whanau

Protect yourself and your whānau

