



**For more information, speak to
one of our Area Managers.**

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RESPITE CARE

**Rangatiratanga mo tatou katoa
i runga i nga tikanga
o tena o tena o tena**

**Ensuring empowerment and self
determination regardless of disability,
age, gender, race or status**





Family Based Respite Care

Family based respite care is provided by carer families within the local community, thereby allowing mokopuna to stay close to their family and friends, while providing their regular carer with time to rest.

Te Roopu Taurima encourages families in the community to open their homes to people with disabilities on a temporary basis by providing support, including:

- Training and coaching programmes
- Respite board reimbursement

Opportunities for centre-based training are provided on a voluntary basis.

In-Service Respite Care

In-service respite care is available for those mokopuna (clients) whose whanau (family) or those caring for them, need some time to rest. Care is provided in a homely, welcoming environment, by staff who are committed to creating a positive and stimulating experience for mokopuna.

Mokopuna are encouraged to engage in a range of activities, designed around their needs and abilities, including:

- Cultural activities
- Recreational and leisure activities
- Sport
- Personal development
- Helping others
- Holiday programmes
- Employment skills.



Supporting a life of choice

Our mission “Mokopuna Choice”

It's about mokopuna and providing them with choices towards their own self-independence and quality of life.

Our vision “Manaaki Mokopuna”

It's about improving the standard of care and wellbeing of mokopuna. After all, happy and content mokopuna, whanau, and communities are the very foundation of our country's prosperity.



Referrals Process

Mokopuna are referred to Te Roopu Taurima O Manukau Trust through a NASC (Needs Assessment Service Coordination) agency. In order to be eligible for referral, mokopuna must be:

- Over 17 years of age
- Intellectually disabled and/or autistic